

Unfortunately, you will be unable to donate if you have any of the following conditions:

- Severe heart, lung or kidney diseases
- Severe illness of the central nervous system
- Severe mental health conditions
- Severe metabolic diseases
- Addictions (alcohol, drugs, tablets)
- Severe tropical infectious diseases
- Infectious diseases such as HIV, Syphilis, Hepatitis B or Hepatitis C. (even if you having or received treatment)
- Systemic autoimmune diseases or other severe chronic illness
- Cancer (past or present). Exception: Basalioma and cervical carcinoma in situ (if fully removed)
- Blood disorders
- Suffered a stroke
- Taking many medication for diabetes
- Weigh under 7 stone 12lbs / 50kg
- BMI of over 40

If you have any questions please give us a call on 0800 371 502 or email: wbmdr@wales.nhs.uk