



## Information for Donors with Hereditary Haemochromatosis

### I have Hereditary Haemochromatosis, can I donate?

People with Hereditary Haemochromatosis who have finished intensive venesection and are in the maintenance or steady stage of their treatment, can be accepted as blood donors providing they meet all the donor selection criteria, are well with no tissue damage due to iron overload and are not on any medication for their condition.

Blood donors with haemochromatosis and the doctor who manages their condition are advised that they remain under the care of the hospital consultant or GP for monitoring of the disease and the effects of venesection. The Welsh Blood Service (WBS) collects blood for the benefit of patients and does not provide any form of additional treatment. Your doctor is also responsible for informing you on how frequently you should donate (see 'how often can I donate?'). It is extremely important that you donate at the intervals your doctor recommends.

### How do I become a blood donor?

Your hospital Consultant or GP will have referred you to the WBS if you have declared that you would like to enrol as a blood donor or if they believe this would be suitable for you.

### What happens next?

Once a member of the WBS clinical support team has received the referral we will contact you to arrange a convenient appointment at a location suitable for you.

### Blood Safety

Our first priority at WBS is to ensure that blood for patients is as safe as possible. For this reason, we do not collect blood from anyone who does not meet our criteria for donation. This means that we may not be able to take

blood from you. You should also be aware we will be testing your blood for certain things, as we do for all donors, and this includes HIV; Hepatitis and Syphilis.

It is important for blood safety that donors with Hereditary Haemochromatosis (HH) do not feel under pressure to give a donation when they are not suitable. Your doctor will make alternative arrangements to bleed you if you are not able to donate.

### Is there an age limit for donation?

All donors must be:  
17 or over.

If you are 66 or older you must have given at least one successful donation or venesection previously.

If you are over 70 you must have given a successful donation or venesection in the last 2 years.

### How often can I donate blood?

Many donors with haemochromatosis, are currently donating at 12 weekly intervals or longer. If this donation interval is suitable to manage the maintenance of your haemochromatosis then the current system supports you.

However, some donors with haemochromatosis may need to donate blood more often than this. If your doctor recommends that you donate blood more frequently, we can make arrangements for you to do this but it will be essential that you have a pre-booked appointment before you attend. The WBS can accept donors with Hereditary Haemochromatosis at a minimum donation interval of 6 weeks.



**Medical referral of an individual with Hereditary Haemochromatosis (HH) wishing to become a WBS Blood Donor**

Patient Name	
Hospital/Patient Number	
Date of Birth	
Date of last hospital venesection	

I confirm that the above patient:

- has Hereditary Haemochromatosis
- is in the maintenance phase of treatment
- does not have significant associated complications including cardiac or hepatic impairment
- is not receiving chelation therapy
- has not had an adverse reaction to venesection in the past

**Recommended donation frequency**

Interval less than 12 weekly	Yes/No	If yes, how often (maximum of 6 weekly	
12 weekly or more	Yes/No		

I understand that as the individual's medical practitioner I will remain responsible for monitoring their clinical condition including iron status.

I understand that this donor may not be eligible to donate at a WBS session on occasions and may need alternative arrangements for venesection which will remain the responsibility of the referring clinician.

Signature of Referring Doctor	
Print Name	
Hospital/Practice	
Date	



gwaedcymru.org.uk  
0800 252266  
welshblood.org.uk

## Welsh Blood Service (WBS) Donor Agreement Form

Name	
Address	
Date of birth	
Donor Number (if known)	
Daytime contact telephone number	

I understand that WBS collects blood for the benefit of patients.

I confirm that management of my Haemochromatosis will continue to be the responsibility of my doctor or hospital consultant.

I understand that in the event I am unable to donate blood regularly for whatever reason, then I will need to inform the doctor who manages my Haemochromatosis.

Knowing all above, I wish to become a WBS blood donor.

Signed	
Date	

### PLEASE RETURN FORM TO:

Specialist Nurse in Donor Care  
Welsh Blood Service  
Ely Valley Road  
Cardiff  
CF72 9WB